



TRIPLE BERRY MOCKTAIL

Ingredients

- 1 1/2 cups of blackberries, strawberries and raspberries
- 1 cup of vanilla yogurt or coconut water
- 1/2 cup of ice
- 1 tbsp of SoulFresh Spirulina powder
- Garnish with a sprig of fresh mint

Instructions

1. Add all the ingredients to the pitcher of a blender or food processor.
2. Pulse, adding a little more water as needed to get things moving, until the smoothie is completely smooth and blended.
3. Garnish with a sprig of fresh mint.